

# PCR SALIVA SAMPLE

THE SAMPLE MAY BE COLLECTED AT HOME  
ONLY THE LAB TUBE IS DELIVERED FOR ANALYSIS



## SALIVA COLLECTION PROCEDURE

**1. Unpack the kit and put all components on the table in front of you.**



**2. BEFORE you start the saliva collection, look closely at the SalivaPOD. You should be able to see a cylinder inside the tube, as well as a white line mark and arrows around the tube.**

- ✓ You have collected enough saliva when the inner cylinder is filled to the mark, **or if you see foam on top of the inner cylinder.**



**3. You are now ready to start the saliva collection in the SalivaPOD tube.**

- ✓ Remove the gray cap, and you will see a white mouthpiece.
- ✓ **Take your time.** Check the inner cylinder at regular intervals, feel free to use the mobile light on your mobile phone to improve visibility.
- ✓ First collect saliva in your mouth, which you then gently push into the mouthpiece. **Take your time while collecting saliva** in your mouth; it takes some time for the inner container to start filling.
- ✓ **DO NOT BLOW**, this creates foam and bubbles.
- ✓ When the inner container is filled up to the white line, or **if you see foam on top of the inner cylinder**, proceed to the next point.



**4. Place the cap back over the mouthpiece with the arrow facing the mark.**

- ✓ Press the cap down hard until it stops.
- ✓ Be careful to keep the tube vertical from now on, the gray cap should point upwards at all times.



**5. You shall now transfer your saliva sample to the LAB tube.**

- ✓ Unscrew the red cap on SalivaPOD and the red cap on the LAB tube.
- ✓ Screw the SalivaPOD onto the LAB tube.
- ✓ Twist the cap approx. 1 cm counter-clockwise.
- ✓ Use both thumbs to push the gray cap down, it should go all the way down!
- ✓ Unscrew the SalivaPOD from the LAB tube and reattach the red cap firmly to the LAB tube.



**6. You are now ready to deliver your sample in the LAB tube, BUT FIRST:**

- ✓ The LAB tube must be wiped on all outside surfaces with the included alcohol disinfecting swab.
- ✓ Perform hand hygiene.



**7. Only the LAB tube shall be submitted for marking / requisition and PCR analysis.**

